



**JARAMOGI OGINGA ODINGA UNIVERSITY
OF SCIENCE & TECHNOLOGY
UNIVERSITY EXAMINATIONS 2012/2013
2ND YEAR 1ST SEMESTER EXAMINATION FOR THE
DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT
(KISUMU LEARNING CENTRE)**

COURSE CODE: HDC 2212

COURSE TITLE: COMMUNITY BASED COUNSELLING

DATE:19/8/2013

TIME: 2.00-3.30 PM

DURATION: 1.30 HOURS

INSTRUCTIONS

- 1. This paper consists of two sections A and B.**
- 2. Answer Question 1 (Compulsory) and any other 2 questions.**
- 3. Write your answers on the answer booklet provided.**

SECTION A : Answer all the questions (30 marks)

1. Define the following terms (3mks)
 - (i) Guidance
 - (ii) Counseling
2. State the importance of counseling in a community (3mks)
3. As a community health worker, what ethical practices would you consider when carrying out community based counseling? (3mks)
4. Community counselors are supposed to create a warm relationship with the society. What attitudes should they uphold for effective counseling? (3mks)
- 5.
6. State **three** levels of self-awareness and actualization. (3mks)
7. State **three** functions of counseling theories. (3mks)
8. Give **three** problems of counseling a community. (3mks)
9. Define Carl Rodgers core conditions of counseling. (3mks)
10. What factors would you consider when carrying out a group counseling session on HIV and AIDS? (3mks)
11. What behaviours should one avoid during a counselling session. (3mks)

SECTION B: Answer any TWO questions (30mks)

12. Describe the **three** main stages of a counseling process. (15mks)
13. Discuss in a systematic manner how you would go about counselling a community where homosexuality is rampant. Identify the skills in each stage. (15mks)
14. Discuss behavioural theory and the therapeutic techniques used in counseling and their importance in a community (15mks)