

HMP 5139: HUMAN BEHAVIOUR AND HEALTH

This paper has six (6) questions.

Each question is 15 marks

Answer any four questions.

1. Discuss the following theories of disease causation as you highlight the major drawbacks of each theory **(15 marks)**

- a). The Germ Theory
- b). The Life Style Theory
- c). The Environmental Theory
- d). The Multi Causal Theory

2. a). Outline the five (5) basic ethical principles in public health practice **(5 marks)**

b). what is your responsibilities as a health educator/researcher in enhancing health as a human right in the community **(10 marks)**

3. Discuss in details how each of the following factors influences the health of members of your community **(15 marks)**

- a) Social gradient
- b) Education
- c) Stress
- d) Social inclusion
- e) Culture

4. Classify behaviour and give examples of behaviours that are promoting health and preventing diseases in the community **(15 marks)**

5. What are the steps involved in planning for an intervention during health promotion in the community **(15 marks)**

6. Briefly explain the basic principles and theories of the following subjects and state how each affect human behaviour **(15 marks)**

Psychology,
Sociology,
Anthropology,
Economics.