



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF HEALTH SCIENCES**

**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE
PUBLIC HEALTH/ COMMUNITY HEALTH AND DEVELOPMENT**

3rd YEAR 2nd SEMESTER 2015/2016 ACADEMIC YEAR

KISII CAMPUS

COURSE CODE: HCD: 3321

COURSE TITLE: COMMUNITY BASED COUNSELING

EXAM VENUE: STREAM: (BSc. P. Health / Comm Hlth & Dev)

DATE: AUGUST 2016 EXAM SESSION: MAY - AUGUST

TIME: 2.00 HOURS

Instructions:

- 1. Answer all questions in section A and any other 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room**

SECTION A

Answer all questions in this section (30 marks)

1. State any six characteristics of counseling (3mks)
2. Justify the need for community counselors (3mks)
3. Explain any six circumstances that may dictate the counselor to breach confidentiality. (3mks)
4. Explain the basic skills in couples HIV counseling and Testing (3mks)
5. Identify the main tools of a counselor. (3mks)
6. Briefly describe any three types of psychotherapy groups (3mks)
7. Distinguish between the term empathy and sympathy and state with reasons which one is important in counseling (3mks)
8. State three things that are most important about each client who presents himself for counseling. (3mks)
9. Briefly explain the fundamental assumptions underlying 21st-century community counseling. (3mks)
10. Identify three essential capabilities for human development at all levels of development (3mks)

SECTION B

Answer any two Questions (40 Marks)

1. (a) Assume you have been invited as a facilitator at a seminar to talk to trainee counselors on the basic counseling skills. Discuss the aspects that you will share at the seminar. (10mks)

(b) Suppose a certain community has resisted having their children be vaccinated against a certain viral disease due to some cultural beliefs. As a counselor, describe the phases of counseling that you will employ to ensure a successful counseling session. (10mks)
2. a) Explain why in considering group psychotherapy it is useful to distinguish between homogeneous groups and more heterogeneous groups. (10mks)

b) Identify and explain therapeutic factors involved in group therapy. (10mks)
3. Community counseling is a comprehensive helping framework that is grounded in multicultural competence and oriented toward social justice. Because human behavior is powerfully affected by context, community counselors use strategies that facilitate the healthy development both of their clients and of the communities that nourish them. Discuss the main components of this definition. (20mks)
4. Discuss basic principles of guidance and counseling (20mks)